

Table of Contents

Volume 1 Nomor 1 Juni 2021

The Relationship Of Waist Flexibility Towards Smash Skills In Volley Ball Extracurricular Athletes In Sma N 13 Bengkulu Utara Aas Sugiarto, Mesterjon, Supriyanto	1 - 3
The Relationship Of Limb Muscle Strength In Smash Badminton In Pb Kepahiang Ahmad Herianto, Juwita, Feby Elra Perdima	4 - 7
Efforts To Increase Learning Results In Learning Squat Style Loose Through Video Learning Jumping Rope Exercise For V Grade Students Mis Lubuk Girl Rio Asran Syah Putra, Martiani, Mariska Febrianti	8 – 11
Analysis Of Inside Feet Passing Techniques On Football Extracurricular Participants In Smp Negeri 21 Seluma, Seluma Regency Sastra Ade Saputra, Feby Elra Perdima, Azizatul Banat	12 – 14
Analysis Of Bottom Service Ability In Volley Ball Learning In Class Ix Students At Seluma 12 Negeri Junior High School Trismayuni, Feby Elra Perdima, Supriyanto	15 - 17
Analysis Of Shooting Skills Level In Futsal Games In Gradient Fc Bengkulu City Lendo Litra Solong, Tito Parta Wibowo, Supriyanto	18 - 20
Level Of Skilling Skills Speed Classic Categories Nature Living Students Dehasen University Bengkulu W. Rahayu, Suwarni, Martiani	21 - 23
Teacher Pjok's Perception in Online Learning During the Covid-19 Pandemic in Middle Schools in Central Bengkulu Regency Didit Domi Saputra, Citra Dewi, Mariska Febrianti	24 – 26
Application of Variation Drill Method Assisted by Audiovisual Media in Improving Futsal Ball Passing Skills for Xi Mia 2 Class Students at SMA Negeri 11 Bengkulu City D. Septoni, Martiani, D. Apriansyah	27 – 31

Analysis Of Down Passing Techniques In Volleyball Games For 32 -35
Extracurricular Participants At SMP Negeri 19 Bengkulu City
F. Kurniawan, Martiani, Algifari Syarif